

ACUPRESSURE

for

PREGNANCY & CHILDBIRTH

Promoting a natural labour & partner involvement

TWO HOUR WORKSHOP presented by
Acupuncture specialist Isabelle Dickson

Saturday 25 September

1.30 to 3.30pm

Isabelle will fully explain acupressure points and demonstrate how to use them in pregnancy and childbirth. There will be plenty of time for practice with your partner and for Q & A.

- Pain relief
- Blood pressure
- Dilation
- Headaches, nausea and vomiting
- Induction and establishing labour
- Breech & posterior
- And more...

A booklet with all the pressure points presented in this workshop will be available FREE.

Isabelle Dickson specialises in women's health and pregnancy. She has been providing treatments at her clinic in Hornsby for the past ten years. Isabelle has done extensive studies in Europe, China and Sydney where she has received advance diplomas In Traditional Chinese Medicine & Acupuncture, Sophrology and Thought Field Therapy.

COST: \$80/couple | \$60/single

BOOKING & PREPAYMENT are required | LIMITED TO 12 COUPLES

Your payment can be made:
at the studio before or after a class (cash or mastercard or visa)
over the phone 9654 9903 (mastercard or visa)